



Children have thinner skin than adults, which means they scald faster, deeper and at lower temperatures.

Tips to help prevent serious burns:

KITCHEN SAFETY

- Turn handles inward and out of the reach of a child or infant. This includes pots and pans on your stove, kitchen counter or table.
- Most scalds in the kitchen are caused by hot liquids and steam, which includes hot beverages, soups and steam from microwave popcorn. Wait a few minutes before taking items out of the microwave.
- Stir and test, by touch or taste, the temperature of food or beverages before giving it to your child. Beware of hot spots that may burn your child.

BATHROOM SAFETY

- Never leave an infant or child alone in a bathtub or sink. Take the child out of the water and with you if you need to leave the room for any reason.
- Check the temperature of a child's bath water. Make sure the water is no warmer than 100 degrees Fahrenheit. Water that seems cool enough may be too hot for a child. You can buy a water thermometer at any hardware store.

GENERAL SAFETY

- Turn down the temperature of your water heater or install a hot water control on your faucets. You can buy this product at any hardware store. Set your water heater to no higher than 120 degrees Fahrenheit.
- Talk to your child's caregiver about safety during bathing, preparing food, etc.
- For more ways to protect your family, visit the Riley Safety Store at The Children's Museum in Indianapolis or the online safety store at rileyhospital.com

Request a FREE *Kids scald fast. Cool it first.* static cling for your home or find more information in the Riley section of ACallToChange.org.

Riley Hospital for Children at Clarian North
Indiana Department of Child Services